

## GREETINGS FROM OUR EDITOR-IN-CHIEF



Greetings!

May reminds us of Mothers' Day, and springtime, being out-of-doors and exercise. Our line-up of stories is reflective of our thoughts.

**Hallway Conversations:** While some early literature reported that seizures could be induced by exercise, there are more recent reports that exercise can be beneficial to those with epilepsy. We asked two experts their opinions. Nathan B. Fountain, MD, University of Virginia School of Medicine, Department of Neurology and Steven V. Pacia, MD, New York University, Department of Neurology. See if you agree.

### **Perspectives: Mainstreaming Alternative Medicines: Botanicals and Other Complex**

**Natural Products as Prescription Drugs** by Freddie Ann Hoffman, MD, CEO, HeteroGeneity, LLC. Most of you know Dr. Hoffman from her work at the National Cancer Institute, where she chaired internal working groups on botanicals at FDA.

### **A Report from the Annual Ketogenic Conference: The First International Dietary**

**Treatments for Epilepsy and other Neurologic Disorders Meeting Report** by Eric Kossoff, MD.

This is the first-ever meeting devoted entirely to the ketogenic diet that was truly designed to be an international collaboration.

**Side Effects of Antiepileptic Drugs:** This lecture by Jacqueline French, MD, was presented at **Faces**

(finding a cure for epilepsy and seizures) at NYU. We have a link for you to listen to this important talk.

**Epilepsy Pipeline Conference: Abstracts & Webcasts:** For those of you who attended, or who were unable to attend, this conference to encourage development of new therapies for people with epilepsy, we have links to valuable resources now available.

### **For your patients**

- **Mothers of Children With Epilepsy:** This is an inspiring article with highlights of mothers Jamie Lyn Bauer of "The Young and the Restless"; Camilla Becket, filmmaker [whose DVD clip](#) is a look at other mothers; Jeanne Donalty, a CURE crusader spreading the word about SUDEP; Cynthia Folio, a musician and associate professor at Temple University; and Marilyn Spivack, Co-Founder of the Brain Injury Association of America.
- **Camps for Your Children, Planning and Preparedness:** This is an interview with Patricia Dean, ARNP, MSN Clinical Coordinator of the Comprehensive Epilepsy Program at Miami Children's Hospital and the President of the Epilepsy Foundation of Florida. Parents won't want to miss what she has to say.
- **Q and A Chat Transcripts:** We continue to update and include transcripts from our Chat Room talks.

## MARK YOUR CALENDAR

Upcoming epilepsy-related conferences, symposia, and events include:

### **May 15-May 18, 2008**

**The 7th Asian & Oceanian Epilepsy Congress (IBE & ILAE)**

Xiamen, China

### **June 15-June 19, 2008**

**14th Annual Meeting of the Organization for Human Brain Mapping**

Melbourne, Australia

### **June 15-June 19, 2008**

**Ninth Eilat Conference on New Antiepileptic Drugs (Eilat IX)**

Sitges, Spain

View those that are posted and remind patients that on Thursday, May 8, 2008 8 to 9 pm U.S. East Coast Time. Our guest will be Patricia Dean. There are postings thus far on Seizure Medication, Surgery, VNS Therapy, and now Seizure Medications and Moods.

- **Groups on [epilepsy.com](http://epilepsy.com):** These are a great way for patients to meet people with similar interests, share documents and have a virtual meeting place!

We hope you are enjoying the new season. May you feel rejuvenated.

Sincerely,

**Steven C. Schachter, MD**  
**Editor-in-Chief**



## WE NEED YOUR HELP

**epilepsy.com/Professionals** is building a resource section of useful practice tools for the professional community. If you have a form, patient information sheet, or other useful handout for patients with epilepsy, and you'd like to share it with thousands of your colleagues by adding it to the [resource section of epilepsy.com/professionals](http://epilepsy.com/professionals), please email it to [rita@epilepsytdp.org](mailto:rita@epilepsytdp.org) or fax it to (540) 687-8066, and we'll take it from there. Thanks!!

## ABOUT THE EPILEPSY THERAPY PROJECT



The **Epilepsy Therapy Project** is a 501 (c) (3) not-for-profit corporation. The organization was founded by parents of young children with epilepsy, along with their children's doctor, a leading researcher and clinician in the field of epilepsy. Our mission is to advance new treatments for people living with epilepsy.

The Epilepsy Therapy Project is also the sponsor of [epilepsy.com](http://epilepsy.com) and [epilepsy.com/professionals](http://epilepsy.com/professionals). We are working to build [epilepsy.com/professionals](http://epilepsy.com/professionals) into the most comprehensive source of information, tools, and interchange available online for patients, practicing neurologists, and for the research and therapy development community.

To learn more about our programs, please visit us at: [www.epilepsy.com/epilepsy\\_therapy\\_project](http://www.epilepsy.com/epilepsy_therapy_project).